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## **Spine Team Texas Physicians Named 2013 “Top Doctors”**

*David Rothbart, M.D., neurosurgeon, and Amit Darnule, M.D., anesthesiologist, make prestigious list*

Spine Team Texas, a leader in comprehensive back and neck pain care, is pleased to announce the inclusion of two of their physicians in *Fort Worth, Texas* magazine’s “Top Doctors” of 2013.

*Fort Worth, Texas* magazine sent more than 4,500 local physicians a survey, asking them to voluntarily rate their peers and name the best doctors in Tarrant County; medical professionals went online to cast their votes. While *Fort Worth, Texas* magazine provided the fields of specialty, the physicians identified the professionals they regard as being leaders in those fields. The final results were submitted to a select panel of physicians for review. The results were announced March 29.

“The inclusion of Drs. Rothbart and Darnule in this prestigious list of peer-recognized physicians is a tremendous honor—not only for Spine Team Texas but also for the communities we serve,” says Mark Hood, CEO of Spine Team Texas.

As one of Spine Team Texas’ founders, David Rothbart, M.D., board-certified neurosurgeon specializing in minimally-invasive spine surgery techniques, serves as the medical director of Spine Team Texas. He was also recently awarded the honor of *U.S. News & World Report* “Top Doctor” in neurosurgery by his peers.

Dr. Rothbart completed his fellowship at the renowned Barrow Neurological Institute in Phoenix, Arizona; his residency training in neurosurgery at Yale University School of Medicine in New Haven, Connecticut, before going on to instruct in neuroanatomy at the university. Prior to coming to Texas, he practiced at the Chicago Institute of Neurosurgery and was also an associate professor of neurosurgery at Rush College of Medicine in Chicago.

Amit T. Darnule, M.D., spine pain anesthesiologist, is one of two Spine Team Texas physicians trained and certified in the Minimally Invasive Lumbar Decompression (MILD) procedure for qualifying patients

suffering with chronic pain due to lumbar spinal stenosis. MILD has been approved by the U.S. Food and Drug Administration for decompression of the lumbar spine.

Dr. Darnule completed his fellowship for multidisciplinary pain medicine at the McGaw Medical Center of Northwestern University, where he also completed his residency in anesthesiology and an internship in internal medicine. Dr. Darnule finished medical school at the University of Texas Southwestern Medical School in Dallas. Dedicated to helping those less fortunate, Dr. Darnule volunteers his medical skills around the world.

### **About Spine Team Texas**

Spine Team Texas is a comprehensive spine center specializing in the treatment of neck and back pain, ranging from simple back or neck strains to the most complex spine surgeries. Through in-depth knowledge and a team approach to care, Spine Team Texas physicians and medical staff are dedicated to treating patients conservatively through education, spine-focused physical therapy, non-surgical treatments, and minimally-invasive spine surgery as a last resort or when necessary.

The comprehensive team includes physiatrists, specialized in acute spine pain management; neurosurgeons and an orthopedic surgeon, specializing in minimally-invasive spine surgery techniques; spine-focused physical therapists; anesthesiologists, fellowship-trained in chronic spine pain management; and on-site registered nurses who help patients return to everyday activities. Established in December 2004, Spine Team Texas is headquartered in Southlake, Texas. The practice opened a full-service, sister-facility in March 2009 in Rockwall, Texas, and operates a newly-opened clinic in Ft. Worth, Texas (Alliance). For more information, please visit [SpineTeamTexas.com](http://SpineTeamTexas.com) or follow on Facebook at [Facebook.com/SpineTeamTexas](https://www.facebook.com/SpineTeamTexas).