



## FOR IMMEDIATE RELEASE

Contact: Andrea Becicka  
Spine Team Texas  
817-749-2141  
abecicka@spineteamtexas.com  
[SpineTeamTexas.com](http://SpineTeamTexas.com)

## Spine Team Texas Partner Again Awarded *D Magazine* Honor

### Southlake doctor achieves peer-nominated award two consecutive years

**Southlake, Texas—October 1, 2015** | Spine Team Texas physician and practice partner Michael Garcia, M.D., board-certified in physical medicine and rehabilitation, received *D Magazine's* Best Doctor designation for 2014 and again for 2015. Dr. Garcia works full-time in the Southlake location and embodies the practice's philosophy of providing innovative and conservative spine care where nonsurgical options are explored before surgical intervention is considered or when medically necessary.

*D Magazine's* selection process for Best Doctors and Pediatric Specialists begins with a peer voting process. This year, 8,936 letters were mailed to local doctors from their online directory, inviting them to vote via an online ballot. Physicians could vote for up to three doctors in each category. The nomination form asked them to cast a vote keeping in mind the following question: Which Dallas doctors would you trust with the care of a loved one?

After each voter's Texas medical license number was vetted for validity, *D Magazine* teamed up with DataJoe, their online ballot agency, to verify and tally the votes. The tallied list was then presented to an anonymous panel of esteemed physicians. The panel and *D Magazine* staff reviewed the tallied results and decided the finalists based on the number of votes in each category. Once the list was finalized, *D* confirmed each doctor's Texas medical license status and board certification and investigated his or her disciplinary status before notifying winners.



#### **Michael D. Garcia, M.D.**

Board-certified in physical medicine and rehabilitation (physiatrist), specializing in acute spine pain management

Dr. Garcia is a fellowship-trained physiatrist who specializes in the nonsurgical relief of back and neck pain. His focus is on diagnosing, managing, and interventionally treating spinal disorders and musculoskeletal dysfunction. He completed his fellowship in spine and sports medicine at the University of Colorado Health Sciences Center in Denver, where he also completed his residency. He attended The University of Texas Southwestern Medical School,

where he earned his medical degree after completing his undergraduate studies at Texas A&M University.

### **About Spine Team Texas**

Spine Team Texas is a comprehensive spine center specializing in the treatment of neck and back pain, ranging from simple back or neck strains to the most complex spine surgeries. Through in-depth knowledge and a team approach to care, Spine Team Texas physicians and medical staff are dedicated to treating patients conservatively through education, spine-focused physical therapy, nonsurgical treatments, and minimally invasive spine surgery as a last resort or when medically necessary.

The comprehensive team includes physiatrists, specialized in acute spine pain management; neurosurgeons and an orthopedic surgeon, specializing in minimally invasive spine surgery techniques; spine-focused physical therapists; anesthesiologists, fellowship-trained in chronic spine pain management; and onsite registered nurses who help patients return to everyday activities. Established in December 2004, Spine Team Texas is headquartered in Southlake, Texas. The practice opened a full-service, sister-facility in March 2009 in Rockwall, Texas; one in Fort Worth, Texas (Alliance), in 2013; a fourth location in Bedford, Texas, in August 2014; a fifth facility in February 2015 in North Dallas (Richardson); and a sixth clinic in August 2015 in Allen, Texas, on the campus of Texas Health Presbyterian Hospital Allen. For more information, please visit [SpineTeamTexas.com](http://SpineTeamTexas.com) or connect with them on Facebook at [Facebook.com/SpineTeamTexas](https://www.facebook.com/SpineTeamTexas).