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## Spine Team Texas Co-founder Named HealthCare Hero

*Fort Worth Business publication's annual honor awarded to Dr. David Rothbart*

**Southlake, Texas—January 11, 2016** | In a field that presents a variety of constant challenges, the healthcare industry is replete with unsung heroes—those who save lives and change lives through their dedication to their areas of expertise. Neurosurgeon Dr. David Rothbart, founder and medical director of Spine Team Texas as well as Chairman of the Board of Directors for Texas Health Harris Methodist Hospital Southlake, was recently nominated and selected as a 2016 HealthCare Hero by *Fort Worth Business*. Fort Worth Business will host an awards banquet on February 3<sup>rd</sup>, 2016, to recognize chosen recipients.

Each year, *Fort Worth Business* begins an extensive nomination and selection process to recognize excellence within the medical community—excellence demonstrated by physicians, administrators, and volunteers. HealthCare Heroes are selected and judged based on nominations from those in the profession and the business community. After reviewing the nominations of many candidates, *Fort Worth Business* selected David Rothbart, M.D., as a 2016 HealthCare Hero.

“As the co-founder of Spine Team Texas, Dr. Rothbart continues to demonstrate leadership expertise within our organization and to the medical community as a whole,” said Mark Hood, C.E.O. of Spine Team Texas. “This award further supports his dedication to his chosen field as well as gives us great pride in his ongoing commitment to our patients and the medical community.”

This is Dr. Rothbart's first time on the HealthCare Heroes' list for the Fort Worth Business publication. He was awarded the Healthcare Hero-Physician Award by Dallas Business Journal as nominated by patients in 2007. He's a two-time recipient of the *Becker's Spine Review* annual Spine Surgeon Leadership Award (2013, 2015), and was previously designated a *U.S. News & World Report* “Top Doctor” in neurosurgery and Castle-Connolly Top Doc in neurosurgery in 2015.



**David Rothbart, MD, FAANS, FACS**

*Board-certified neurosurgeon, specializing in minimally invasive techniques*

As an experienced neurosurgeon, Dr. Rothbart employs the latest minimally invasive techniques for spine surgery. The former medical director of neurosurgery at Baylor Medical Center at Irving and Grapevine, Dr. Rothbart also practiced for several years at the Chicago Institute of Neurosurgery and was appointed associate professor of neurosurgery at Rush College of Medicine in Chicago. His professional training includes a fellowship at Barrow Neurological Institute and a residency at Yale

University School of Medicine. Dr. Rothbart has been published in numerous peer-reviewed journals and has presented at national and international meetings to help further spine education of peers in the healthcare industry.

**About Spine Team Texas**

Spine Team Texas is a comprehensive spine center specializing in the treatment of neck and back pain, ranging from simple back or neck strains to the most complex spine surgeries. Through in-depth knowledge and a team approach to care, Spine Team Texas physicians and medical staff are dedicated to treating patients conservatively through education, spine-focused physical therapy, nonsurgical treatments, and minimally invasive spine surgery as a last resort or when medically necessary.

The comprehensive team includes physiatrists, specialized in acute spine pain management; neurosurgeons and an orthopedic surgeon, specializing in minimally invasive spine surgery techniques; spine-focused physical therapists; anesthesiologists, fellowship-trained in chronic spine pain management; and onsite registered nurses who help patients return to everyday activities. Established in December 2004, Spine Team Texas is headquartered in Southlake, Texas. The practice opened a full-service, sister-facility in March 2009 in Rockwall, Texas; one in Fort Worth, Texas (Alliance), in 2013; a fourth location in Bedford, Texas, in August 2014; a fifth facility in February 2015 in North Dallas (Richardson); and a sixth clinic in August 2015 in Allen, Texas, on the campus of Texas Health Presbyterian Hospital Allen. For more information, please visit [SpineTeamTexas.com](http://SpineTeamTexas.com) or follow on Facebook at [Facebook.com/SpineTeamTexas](https://Facebook.com/SpineTeamTexas).