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Spine Team Texas Congratulates their Top Doctor 2016

Dr. Eric Coligado among elite group

Southlake, Texas—April 1, 2016 | Spine Team Texas, a comprehensive spine center specializing in the treatment of back and neck pain, is proud to announce one of their physicians has been named a Top Doctor by Fort Worth, Texas magazine. Dr. Eric Coligado, a physical medicine and rehabilitation specialist, was designated by his peers to this select group of leading medical professionals.

"This is an especially notable designation as Dr. Coligado is not only a valued member of Spine Team Texas, but his work and devotion to the field of spine care has been recognized by those outside our practice," said Mark Hood, CEO of Spine Team Texas.

Fort Worth, Texas magazine sent more than 4,500 local physicians a survey, asking them to voluntarily rate their peers and name the best doctors in Tarrant County. Medical professionals willing to participate went online to cast their votes. While *Fort Worth, Texas* magazine provided the fields of specialty, the physicians identified the professionals they regard as being leaders in those fields. The final results were submitted to a select panel of physicians for review.

Sample ballots notifying the medical community of the voting process and the ballot website address were mailed to the members of the Tarrant County Medical Society and the Texas Osteopathic Medical Association. Voting took place online. Those voting had to supply credential numbers in order to be able to participate. The Top Doctors results will be revealed in the April issue of the home and lifestyle magazine.



Eric J. Coligado, M.D.

Physical Medicine and Rehabilitation, specializing in acute musculoskeletal spine pain management & diagnostic studies

Dr. Eric Coligado provides comprehensive evaluations and nonsurgical spine care for Spine Team Texas patients. He provides a wealth of experience in the area of worker's compensation and is certified to provide improvement impairment ratings, IMEs, and EMG/nerve conduction studies. His expertise provides the full spectrum of non-surgical spine pain management; including trigger point injections, acupuncture, and acute spine pain oral medication management. Dr. Coligado sees patients at the satellite clinic in the HEB/Mid-cities area, allowing patients in that community convenient access to world-class spine care.

About Spine Team Texas

Spine Team Texas specializes in the treatment of back and neck problems ranging from simple back or neck strains to the most complex spine surgeries. Through its in-depth knowledge and true team approach, Spine Team Texas is dedicated to treating patients conservatively through education, physical therapy, non-surgical treatments, and minimally invasive spine surgery when necessary. The philosophy of Spine Team Texas is to treat with an emphasis on non-surgical treatment whenever possible and consider surgical intervention only as a last resort when non-surgical measures have failed to provide long-term relief. This philosophy is supported in the fact that only 8-10% of Spine Team Texas new patients result in surgical intervention; that means that approximately 90% of our patients are treated successfully through non-surgical treatment options. The team consists of physical medicine and rehabilitation physicians, specializing in non-surgical spine care; spine surgeons trained in the latest minimally invasive spine surgery techniques; spine pain anesthesiologists focused on chronic spine pain; spine-focused physical therapists and on-site registered nurses.

Established in December 2004, Spine Team Texas is headquartered in Southlake, Texas, and opened a full-spectrum sister facility in Rockwall, Texas, in March 2009. Other locations include Bedford, Fort Worth-Alliance, North Dallas-Richardson, and Allen. With approximately 175 employees, Spine Team Texas has received numerous awards such as 'Best Places to Work' & "Healthcare Heroes-Physician Award by Dallas Business Journal, "Top Docs" in Fort Worth, Texas magazine, U.S. News & World Report "Top Docs" in neurosurgery, "Top Docs" in neurosurgery & physical medicine and rehabilitation by Castle-Connelly, D Magazine "Best Docs" in orthopedic surgery and physical medicine and rehabilitation, Becker's Spine Review "Top 105 Spine Surgery Practices to Know" & "Spine Leadership Award" in 2013 and 2015. For more information about Spine Team Texas, visit www.SpineTeamTexas.com. Connect with them on Twitter, YouTube and on Facebook at: www.facebook.com/spineteamtexas.