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Contact:

Andrea Becicka

Spine Team Texas

817-749-2141

abecicka@spineteamtexas.com

SpineTeamTexas.com

Spine Team Texas Welcomes Physician to Newest Location in Fort Worth-Alliance

(Fort Worth, Texas- October 2013)- Spine Team Texas, a leader in comprehensive back and neck pain care, is pleased to announce the addition of Thurston McMillen, M.D., to their team of spine-focused physicians. He joins Juan Bartolomei, M.D., neurosurgeon and founding partner of the Southlake-based practice, and partner Ryan Reeves, M.D., a fellowship-trained physical medicine and rehabilitation (PMR) physician, to now offer full-time presence in the Fort Worth-Alliance office.



Dr. Thurston McMillen, who joins Spine Team Texas this month, complements Spine Team Texas' conservative approach to spine care as a physiatrist (physical medicine and rehabilitation) specializing in the non-surgical pain relief of spinal disorders and related musculoskeletal dysfunction. "Dr. McMillen is a great asset to our team," said Dr. Bartolomei, "and comes to us with high recommendations and remarkable credentials. We know the community will benefit from his experience in providing conservative treatment for neck, back, and spine-related musculoskeletal disorders."

Dr. McMillen is a fellowship-trained physiatrist (PMR). His focus is on the diagnosis of spinal problems through diagnostic studies, called electromyography or nerve conduction studies, that assist to determine the root cause and severity, which guides the comprehensive team on the patient's spine treatment. Dr. McMillen's expertise is focused on the nonsurgical approach to spine pain whenever possible to avoid spine surgery unless medically necessary or the nonsurgical management has failed to provide long-term spine pain relief.

"Adding Dr. McMillen to our existing team will allow a 5-day-a-week presence at the Fort Worth-Alliance clinic," said Mark Hood, CEO of Spine Team Texas. "The growth of the Alliance office is a testament of our commitment to provide specialized spine care to the expanding North Texas communities."

Dr. McMillen completed his fellowship in Interventional Sports and Spine at Florida Spine Institute in Clearwater, Florida. He completed his residency in Physical Medicine and Rehabilitation at Marianjoy

Rehabilitation Hospital in Wheaton, Illinois, and earned his medical degree at the University of Nebraska Medical Center in Omaha, Nebraska, after completing undergraduate studies at University of Nebraska-Lincoln. As a Certified Personal Trainer and Corrective Exercise Specialist, he has a special interest in how exercise and nutrition contribute to overall health and well-being.

Dr. McMillen, as well as all members of Spine Team Texas, is available for interviews for health and wellness news segments as they pertain to complete spine care. Contact Andrea Becicka at 817-749-2141 for scheduling.

About Spine Team Texas

Spine Team Texas is a comprehensive spine center specializing in the treatment of neck and back pain, ranging from simple back or neck strains to the most complex spine surgeries. Through in-depth knowledge and a team approach to care, Spine Team Texas physicians and medical staff are dedicated to treating patients conservatively through education, spine-focused physical therapy, non-surgical treatments, and minimally-invasive spine surgery as a last resort or when necessary.

The comprehensive team includes physiatrists, specialized in acute spine pain management; neurosurgeons and an orthopedic surgeon, specializing in minimally-invasive spine surgery techniques; spine-focused physical therapists; anesthesiologists, fellowship-trained in chronic spine pain management; and on-site registered nurses who help patients return to everyday activities. Established in December 2004, Spine Team Texas is headquartered in Southlake, Texas. The practice opened a full-service, sister-facility in March 2009 in Rockwall, Texas, and operates a newly-opened clinic in Fort Worth, Texas (Alliance). For more information, please visit **SpineTeamTexas.com** or follow on **Facebook at Facebook.com/SpineTeamTexas**.