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## FOR IMMEDIATE RELEASE

# SPINE TEAM TEXAS® DOCTORS NAMED "TOP DOCS" BY FORT WORTH, TEXAS MAGAZINE

Fifth year in a row for Spine Team Texas<sup>®</sup> to be recognized.

**Southlake, Texas (April 11, 2011)** — Spine Team Texas<sup>®</sup> has done it again. For the fifth year in a row, *Fort Worth, Texas* magazine has recognized Spine Team Texas<sup>®</sup> providers in its annual list of "Top Docs".

Spine Team Texas<sup>®</sup> specialists Dr. Michael D. Garcia and Dr. Ryan S. Reeves were named in the Physical Medicine and Rehabilitation category. And Spine Team Texas<sup>®</sup> specialist Dr. Amit T. Darnule was named in the Pain Management category. To download full biographies and learn more about the recognized Spine Team Texas<sup>®</sup> doctors, visit www.spineteamtexas.com.

"To be named to this list is extraordinary. It sets the bar higher to achieve our mission of an unparalleled patient experience," states Mark Hood, CEO of Spine Team Texas<sup>®</sup>. "I know that each of our staff is proud to work alongside such outstanding providers."

Picking a doctor is one of the most important decisions most people make. And going through the process can take time. To make it easier, *Fort Worth, Texas* magazine continues their long tradition of letting the doctors themselves advise readers on the "Top Docs" in the area.

In order to find the "Top Docs" for 2011, Fort Worth, Texas magazine sent surveys to area physicians asking them to name the best doctors in the area and to cast ballots online for their top choices in a variety of specialties and sub-specialties. The results from the surveys were tabulated by a firm outside of Fort Worth, Texas magazine and the credentials of all the physicians named were confirmed.

The full list of the area's "Top Docs" can be found in the April 2011 issue and online at www.fwtexas.com.

#### **About Spine Team Texas**

A premier regional spine center of excellence, Spine Team Texas specializes in the treatment of back and neck disorders ranging from simple back or neck strains to the

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most complex spine surgeries. Through its in-depth knowledge and team atmosphere, Spine Team Texas is dedicated to treating patients conservatively through education, spine-focused physical therapy, non-surgical treatments, and minimally invasive spine surgery as a last resort when necessary. The comprehensive team includes physiatrists, specialized in acute spine pain management; neurosurgeons and an orthopedic surgeon, specialized in minimally invasive spine surgery techniques; spine-focused physical therapists; an anesthesiologist, fellowship-trained in chronic spine pain management; and on-site registered nurses that strive to help patients return to everyday activities. Established in December 2004, Spine Team Texas is headquartered in Southlake, Texas. The practice opened a full-service, sister-facility in March 2009 in Rockwall, Texas, and operates three satellite clinics to serve the communities of Bedford, Arlington, and Mansfield, Texas. Spine Team Texas has been named to Dallas Business Journal's 'Best Places to Work' in 2009 and 2010 as nominated by their employees. They have also received the prestigious Dallas Business Journal's "Healthcare Heroes—Physician Award" as nominated by their patients. For more information, please visit www.spineteamtexas.com or follow them on Facebook at www.facebook.com/spineteamtexas.

# About Fort Worth, Texas Magazine

Fort Worth, Texas magazine is a monthly publication with more than 74,900 readers. It began publishing in 1998 and highlights the social and cultural life of the city with its unique mix of stunning photography, graphics and printing, coupled with in-depth reporting and social commentary. For more information, please visit www.fwtexas.com or follow them on Facebook at www.facebook.com/fwtxmag.

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